## **ICDC 2024 Summer Schedule**

## June 10<sup>th</sup> - August 7<sup>th</sup>

Studio A	Studio B		Studio C	
MONDAYS				
	9:30-10:30am	L6-7 Acro & Tricks	9:00-10:30am	L3/5 Ballet & Pre/Beg/Pointe
	10:30-11:30am	L3-5 Acro & Tricks	10:30-11:45am	L6/7 Ballet & Pointe
			11:45-12:15pm	JR/SR Pom (JR Required)
			12:15-1:00pm	L5/6 Genre Combos
4:15-4:45pm Intro Jazz/Pom Technique	4:00-4:45pm	L1-2 Acro & Trick	4:00-4:45pm	3+ Acro & Tricks
5:00-5:45pm Ballet/Tap & Jazz (7-8)	5:00-5:45pm	Ballet, Tap & Tumble (4-6)	4:45-5:45pm	L1/2 Ballet
5:45-6:30pm Hip Hop (7-12)	5:45-6:30pm	Hip Hop (4-6)	5:45-6:30pm	Beginning Tap
6:30-7:15pm 9+ Ballet/Tap & Jazz			6:30-7:15pm	L2/3 Stretch & Strength
7:15-8:00pm 9+ Contemporary/Lyrical			7:15-8:00pm	L2/3 Jumps Leaps & Turns
Studio D				
4:30-5:00pm Bitty Ballet				
TUESDAYS				
	4:00-4:30pm	L1 Stretch & Strength	4:00-4:45pm	Intermediate Tap
	4:30-5:00pm	L1 Jumps, Leaps & Turns	4:45-5:15pm	L3-4 Improv/Movement
	5:00:5:30pm	L1/2 Improv & Combo	5:15-6:00pm	L3-4 Combos
	5:30-6:00pm	Mini Heels	6:00-6:30pm	Advanced Tap
	6:00-6:30pm	Mini/Youth Pom	7:00-8:00pm	L2-7 Ballet
	6:30-7:00pm	Youth/JR Heels	8:00-8:30pm	L3-7 Pre/Pointe
WEDNESDAYS	•		•	
			9:00-9:45am	L4/6 Strength Training
	9:45-10:30am	L4 Flexibility and Extensions	9:45-10:30am	L5/6 Flexibility and Extensions
	10:30-11:00am	L4 Jumps and Leaps	10:30-11:00am	
	11:00-11:30am	L4 Turns	11:00-11:30am	L5/6 Turns
			11:30-12:30pm	
			12:30-1:00pm	SR Heels
			1:00-1:30pm	SR Small Cont. Team